**Spring 2020 PC Overview**

**2/12** Introduction to Ms. Bridget A Brownell, Review Classroom Rules & Expectations, Review Syllabus and Assignments(**service learning 20%**) out of classroom experience (**5%**), take questions , take attendance/Add & Drop Students, **Make Name Cards with # (1%)**

Student Health & Wellness Fair- FREE, for students, Great Hall 10am-3pm, 10 tables (blood pressure monitoring, blood sugar monitoring, mental health, yoga & zumba sessions, tobacco cessation, nutrition, rapid HIV testing), take form around and get signed/stamped (get raffle ticket for each table-prizes include spring parking pass, bookstore gift cards, yoga mat, etc), turn in the form to me for extra credit (put name on it)

**2/19** must arrange out of class experience and service learning project

**2/23 Last day to add with permission number**

**3/4** check name cards/take attendance, Rx for Survival with worksheet (5**%**), BREAK Organ Donation PP and quiz (1**%**), collect/check extra credit from Health Fair, collect syllabus sign-offs (**1%**)

**3/11** check name cards/take attendance, Cancer PP with worksheet (**2%**), health center visit and presentation/commercial (**2%**), collect syllabus sign-offs, perhaps PC presentation on personal health and/or Census 2020 power point and quiz

**3/18** check name cards/take attendance, health inventory (**2%**) , health notes/apple packet, PC Presentations (stress & sleep hygiene) (**2%**), CSUN Blues Presentation (or my notes on stress, sleep, depression) (**2%**), death & dying notes (Corrina, Corrina), guided mediation (3**%**)

**3/25** Sexual assault & activities, Guest Speaker (**2%**)confirmed via email

**4/1** Nutrition PP (1**%**), Food Guide Pyramid, Reading a Food Label (1**%**), Advertising PP with worksheet(2**%**), PC nutrition presentation, Food allergies power point and quiz

**April 6-12** **PC & Taft Spring Break**- no class- work on service learning project and/or out of classroom experience

**4/15** Fed Up with questions/worksheet (**5%**) & Fruits & Veggie Feast (**for 2% EC**)

**4/22** Drug Notes, Tobacco, MJ (straw activity, BB demo, models, videos, etc) (**1%**), PC Presentation (safe driving and tobacco cessation) (2**%**)

**4/29** Alcohol 101, Drunk Driving Glasses (**1%)**, Alcoholic Family, FAS, Meth PP & videos (**1%)**

**5/6** Ant & Physiology Chart and Handouts (if time: Pap Test, Pads, Tampons?) (**turn in packet for 2% EC)**

**5/13** STD PP, HIV PP, HIV activities (**2%)**, Pregnancy PP includes Safe Baby Law (Pap test, Pads, Tampons?)

**5/20** BC PP & kit, condom notes PP, condom demo (**2%)**, Reproductive Choices includes EC5 information(**2%)**

**5/27** GLBTQIA PP (**1%)**, videos, queertionary game/worksheet (1**%)**

**6/3** Final Exam & Evaluation **(30%)** 4:30-6:30pm (must arrive by 5pm) Service learning (**20%**), out of classroom experience (**5%**) **All work must be turned in...assignments/extra credit/everything! No exceptions/excuses!**